



**Physical Education Performing
Expressive Department**
**Edexcel BTEC Level 3 Diploma in
Sport (Development, Coaching and
Fitness)**

What is the BTEC Sport course about?

- NO EXAMS and NO REVISION
- Completing assignments with vocational scenarios that are related to the world of work
- Being assessed through posters, leaflets, power points, presentations, practical's, fact sheets, letters, short essays
- Developing the skills you need to start a career or go onto university
- Completing the double equals 13 units across 2 years (equivalent to two A levels)



What are the entry requirements?

- five GCSE's at grades A*-C including:
 - at least a pass grade in a BTEC First Certificate or Diploma in Sport OR
 - at least a C grade in GCSE PE

What else is required?

You must:

- be hardworking, focused and organised – you will need to meet deadlines every week
- be able to work independently, in pairs or groups
- be prepared to contribute to the work of the Physical Education Department in the school and across Eston primary and secondary schools
- have Maths and English at GCSE grade C or a be prepared to re-sit them in Year 12
- want to pursue a career in sport and / or study sport at University



How is the course assessed?

- Each unit is split into assignments and marked using PASS, MERIT, DISTINCTION criteria
- PASS, MERIT, DISTINCTION grades are awarded for each unit
- Completion of assignments is ongoing and you will have the opportunity to improve your work

What units will I study?

<u>Year 12</u>	<u>Year 13</u>
<ul style="list-style-type: none"> •Principles of Anatomy and Physiology in Sport •The Physiology of Fitness •Fitness Training and Programming •Practical Team Sports •Sports Development •Fitness Testing for Sport and Exercise •Rules, Regulations and Officiating Sport 	<ul style="list-style-type: none"> •Assessing Risk in Sport •Sport and Exercise Massage •Organising Sports Events •Sports Coaching •Instructing Physical Activity and Exercise •Leadership in Sport

What other qualifications and experiences I may have the chance to gain?

- Level 2 in Community Sports Leadership
- FA Level 1 Coaching Award
- England Hockey Leaders Award
- England Badminton Junior Helpers Award
- Basic First Aid in Sport Award
- Lead sports activities in core PE lessons
- Lead sports activities in primary schools
- Assist in the managing of sports teams
- Organise sports events with primary schools
- Coaching enrichments activities and school teams

Overall 12 Unit BTEC Grades	Traditional A Level Equivalent
Pass, Pass	E E
Merit, Pass	D D
Merit, Merit	C C
Distinction, Merit	B B
Distinction, Distinction	A A



What other subject could I study alongside BTEC Sport?

- BTEC Sport students can also take:
- A level's for example – Applied Science, Biology, Psychology, Sociology, Geography
- 6 Unit BTEC's for example – Media, ICT, and Business